Subscribe Past Issues Translate ▼

View this email in your browser

RSS 🔊



# workers across Cornwall. There were so many heartwarming stories of care workers and support staff who go the extra mile. See highlights of these awards in the video above.

This year we need your help to nominate care workers for the 2025 awards. So please click the link below to see the categories and nominate a care worker, or support staff who've made a difference. Nominate a care worker



Thousands of residents, farmers, businesses and landowners helped shape

### • A thriving Nature Recovery Network of protected, enhanced, created and restored habitats, bursting with wildlife • Species brought back from the brink, increasing in diversity, ranges and

numbers to support a thriving ecosystem

and access funding to restore nature.

the plan.

Its goals include:

resilient communities and businesses in responding to a changing climate. • Support farmers and other organisations managing land to make plans

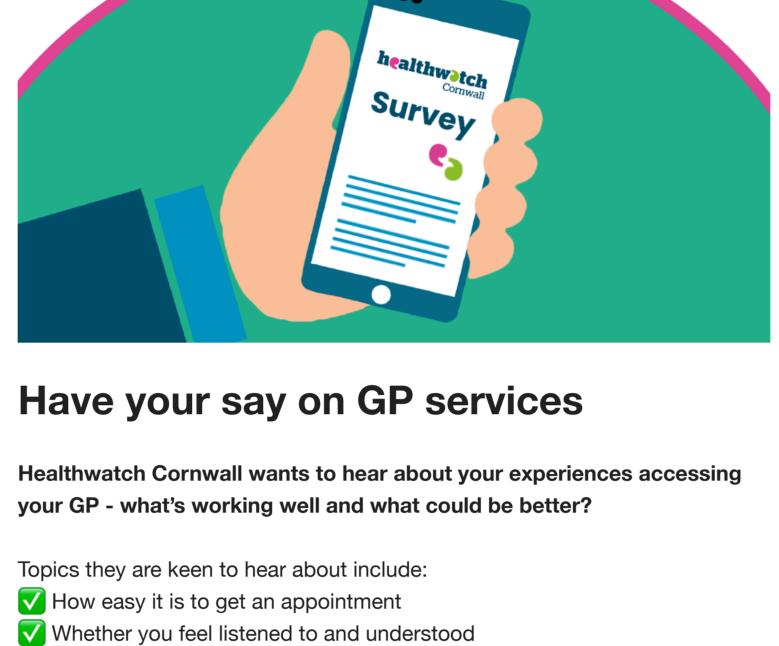
Nature-based solutions that bring us closer to nature and supports

Have your say on

**GP services in** 

Cornwall.

Find out more



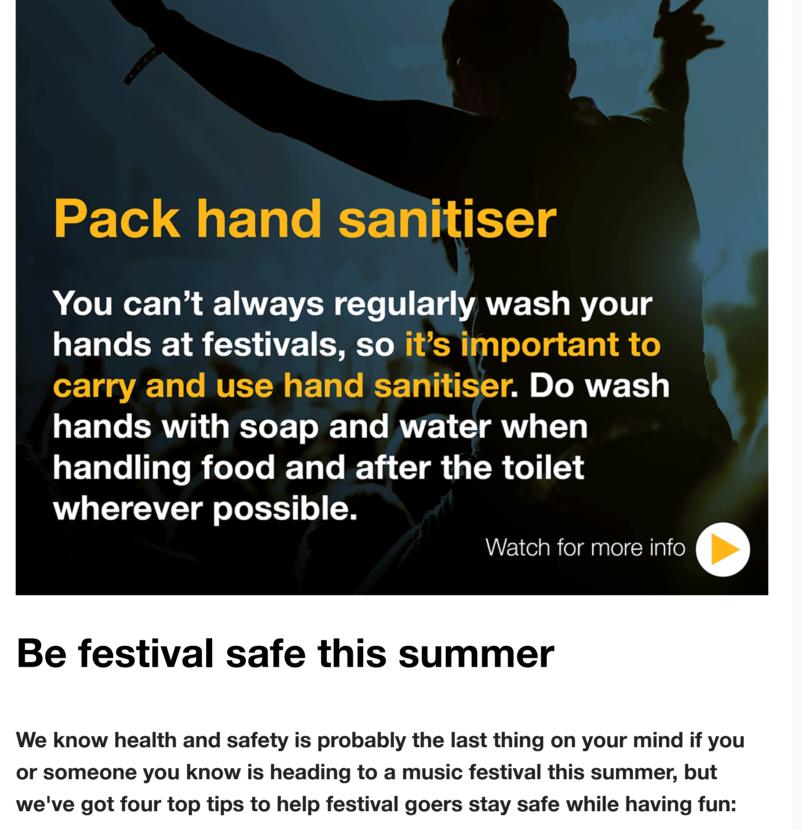
#### ▼ Your views on digital services and extended hours What could make GP services better

minutes to share your views.

UK Health Security Agency

Your feedback helps shape improvements to local services. It only takes five

Have your say



#### Pack hand sanitiser Take condoms · Pack suncream and water Get vaccinated

MEETING

**L**NELINESS

More top tips

LONELINESS

**TOGETHER** 

It's loneliness awareness week We're supporting @marmalade\_trust this #LonelinessAwarenessWeek from 9 to 15 June. Their #MeetingLonelinessTogether campaign encourages everyone to speak about loneliness to reduce the stigma around this natural human emotion.

Find out more

## Need transport to get to a health appointment? Find out about the local patient transport schemes that could help you and whether you're eligible for NHS funded Need help getting to your medical appointment? If you're going to a healthcare appointment for non-emergency tests or treatment, you'll normally be expected to make your own way there - but there are patient transport schemes that could help

you, and you may be eligible for

We provide information on volunteer

NHS funded transport.

transport schemes (including accessible vehicles). Call TAP Cornwall **01872 223388** or visit Community Transport. You can also find more information through Age UK by calling **01872 265300** or visiting Book transport -Volunteer Cornwall.

NHS-funded patient transport is

meeting the clinical and financial

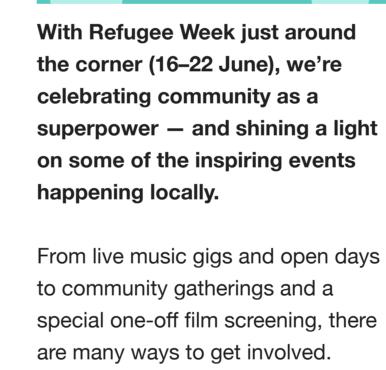
criteria for support or assistance.

Advice is available from the booking

service on **01872 252211** and <u>online</u>.

available for eligible patients

**Mens Health Week** 



It's a chance to come together,

share stories, and show that

compassion can lead to real

connection.

Find out more.

Refugee Week

It's #MensHealthWeek, so here's a little reminder to check in on the men in your life. Around one in eight men have a common mental health problem

such as anxiety, stress, or

depression and men are three times

more likely than women to die by

friends, colleagues and neighbours

could make the biggest difference to

suicide. Reaching out to family,

is such a simple thing to do, but

someone's life. Mental wellbeing help, advice, tools and support for yourself or others are available here. If you're worried about your own or someone else's mental health, call 111 and select the mental health option (option 2). This call is free and enables you to speak to a mental health professional in

Cornwall. Anyone, any age, any

time, day or night.



for adults and one for young carers -

children and young people who

might be supporting a family

Caring in Cornwall **Your Views Matter** 

letstalk.cornwall.gov.uk/caring

member.

Have your say.

**News in brief** Organisations across Cornwall are invited to apply for funding through a new programme designed to revitalise our town centres. The Town Regeneration and Investment Programme offers grants from £2,500 to £500,000 to support projects that aim to improve towns and high streets. Find out more. We've announced a new wave of investment through the CIOS Good Growth metres of workspace. Find out more.

Fund Programme, backed by £47.3 million from the UK Shared Prosperity **Fund**. The funding is expected to create nearly 1,000 new jobs, support over 500 businesses, help 900 people into training, and improve more than 250,000 square Subscribe to the Forward to a friend newsletter

