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## Help us celebrate care workers across Cornwall

Last year we held our first Proud to Care Cornwall Awards to celebrate care workers across Cornwall. There were so many heartwarming stories of care workers and support staff who go the extra mile.

See highlights of these awards in the video above.

This year we need your help to nominate care workers for the 2025 awards. So please click the link below to see the categories and nominate a care worker, or support staff who've made a difference.

[Nominate a care worker](#)



## Ambitious nature recovery plan launched

We're launching our ambitious plan to help nature thrive - reversing wildlife decline, restoring habitats, and creating more natural spaces for everyone to enjoy across Cornwall.

Developed by Cornwall Council in partnership with the region's [Local Nature Partnership](#), the Council of the Isles of Scilly and the Isles of Scilly National Landscape partnership, the strategy is one of the first of its kind in the country.

Thousands of residents, farmers, businesses and landowners helped shape the plan.

Its goals include:

- A thriving Nature Recovery Network of protected, enhanced, created and restored habitats, bursting with wildlife
- Species brought back from the brink, increasing in diversity, ranges and numbers to support a thriving ecosystem
- Nature-based solutions that bring us closer to nature and supports resilient communities and businesses in responding to a changing climate.
- Support farmers and other organisations managing land to make plans and access funding to restore nature.

[Find out more](#)

## Have your say on GP services in Cornwall.



### Have your say on GP services

Healthwatch Cornwall wants to hear about your experiences accessing your GP - what's working well and what could be better?

Topics they are keen to hear about include:

- ✓ How easy it is to get an appointment
- ✓ Whether you feel listened to and understood
- ✓ Your views on digital services and extended hours
- ✓ What could make GP services better

Your feedback helps shape improvements to local services. It only takes five minutes to share your views.

[Have your say](#)



### Be festival safe this summer

We know health and safety is probably the last thing on your mind if you or someone you know is heading to a music festival this summer, but we've got four top tips to help festival goers stay safe while having fun:

- Pack hand sanitiser
- Take condoms
- Pack sunscreen and water
- Get vaccinated

[More top tips](#)



### It's loneliness awareness week

We're supporting @marmalade\_trust this #LonelinessAwarenessWeek from 9 to 15 June.

Their #MeetingLonelinessTogether campaign encourages everyone to speak about loneliness to reduce the stigma around this natural human emotion.

[Find out more](#)



### Need help getting to your medical appointment?

If you're going to a healthcare appointment for non-emergency tests or treatment, you'll normally be expected to make your own way there - but there are patient transport schemes that could help you, and you may be eligible for NHS funded transport.

We provide information on volunteer transport schemes (including accessible vehicles). Call TAP Cornwall [01872 223388](tel:01872 223388) or visit [Community Transport](#).

You can also find more information through Age UK by calling [01872 265300](tel:01872 265300) or visiting [Book transport - Volunteer Cornwall](#).

NHS-funded patient transport is available for eligible patients meeting the clinical and financial criteria for support or assistance. Advice is available from the booking service on [01872 252211](tel:01872 252211) and [online](#).



With Refugee Week just around the corner (16–22 June), we're celebrating community as a superpower – and shining a light on some of the inspiring events happening locally.

From live music gigs and open days to community gatherings and a special one-off film screening, there are many ways to get involved.

It's a chance to come together, share stories, and show that compassion can lead to real connection.

[Find out more.](#)



It's #MensHealthWeek, so here's a little reminder to check in on the men in your life.

Around one in eight men have a common mental health problem such as anxiety, stress, or depression and men are three times more likely than women to die by suicide. Reaching out to family, friends, colleagues and neighbours is such a simple thing to do, but could make the biggest difference to someone's life.

Mental wellbeing help, advice, tools and support for yourself or others are available [here](#).

If you're worried about your own or someone else's mental health, call **111** and **select the mental health option (option 2)**. This call is free and enables you to speak to a mental health professional in Cornwall. Anyone, any age, any time, day or night.



### Have your say on the services and support available for unpaid carers in Cornwall.

Your feedback will help improve the support unpaid carers receive.

There are two surveys available, one for adults and one for young carers - children and young people who might be supporting a family member.

[Have your say.](#)

### News in brief

Organisations across Cornwall are invited to apply for funding through a new programme designed to revitalise our town centres. The Town Regeneration and Investment Programme offers grants from £2,500 to £500,000 to support projects that aim to improve towns and high streets. [Find out more.](#)

We've announced a new wave of investment through the C10S Good Growth Fund Programme, backed by £47.3 million from the UK Shared Prosperity Fund. The funding is expected to create nearly 1,000 new jobs, support over 500 businesses, help 900 people into training, and improve more than 250,000 square metres of workspace. [Find out more.](#)

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