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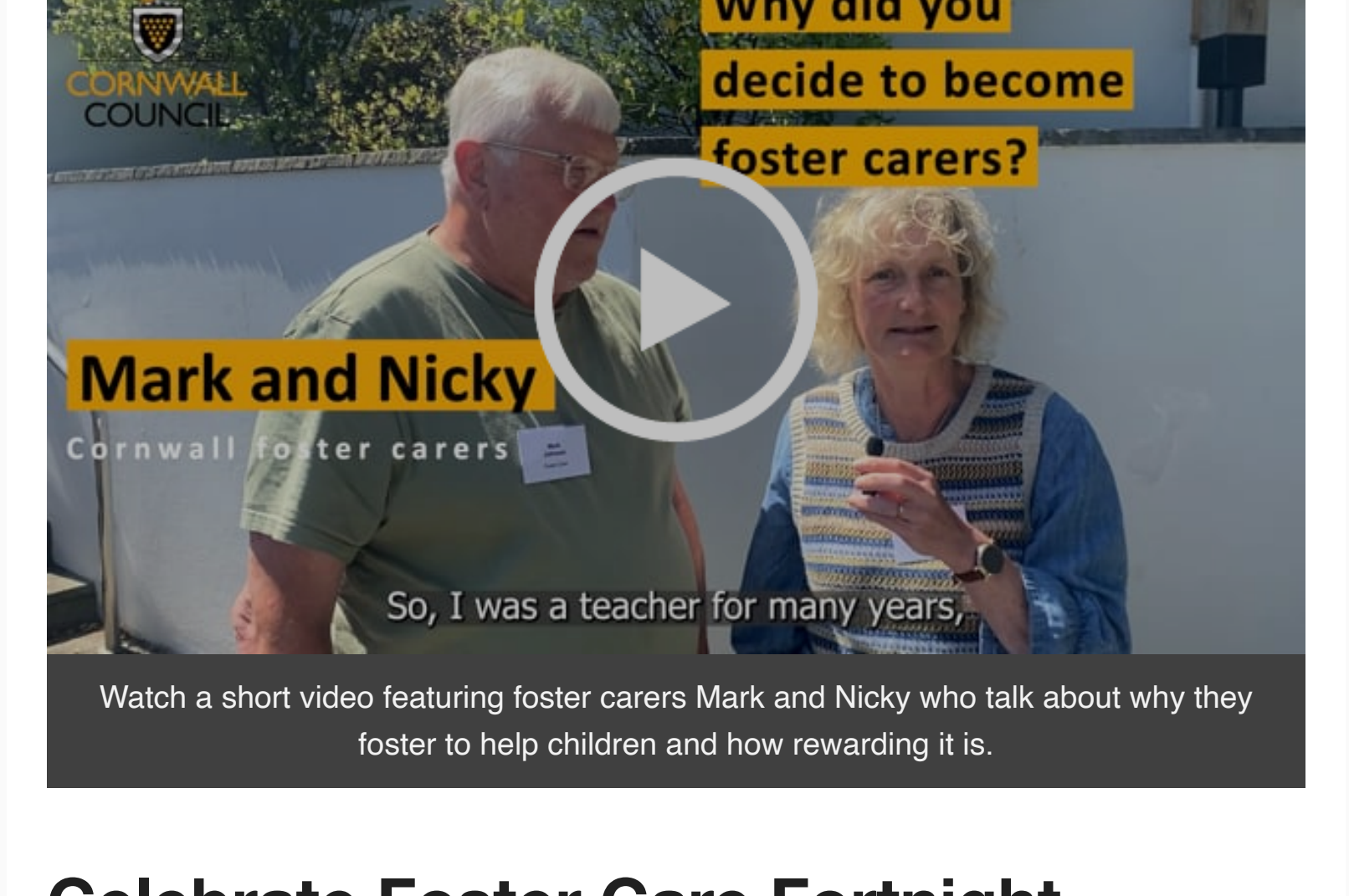


Stay in Touch

Pesyewgh Kestava

Together for a carbon neutral Cornwall where everyone can start well, live well and age well





Why did you decide to become foster carers?

Mark and Nicky
Cornwall foster carers

So, I was a teacher for many years.

Watch a short video featuring foster carers Mark and Nicky who talk about why they foster to help children and how rewarding it is.

Celebrate Foster Care Fortnight

It's **Foster Care Fortnight** – a chance to **celebrate Cornwall's amazing foster carers and the life-changing difference they make for children.**

This year's theme is *The Power of Relationships*, reminding us how vital it is for children to have trusted, supportive adults in their lives. With over 60 children in Cornwall currently needing foster care, we're asking: could that person be you – or someone you know?

Here what Mark and Nicky have to say about their experience of fostering, [in the first of our videos](#) for Foster Care Fortnight. Fostering helps children stay close to their friends, schools and communities. Whether you can offer short breaks, short-term care, or a long-term home, we provide training, support and financial allowances.

If you're curious, now is the time to find out more. Join one of our friendly events, where you'll hear from real foster carers and our expert team:

- **Truro Library:** 21 May, 10.30am to 12.30pm
- **Penzance Library:** 22 May, 12 noon to 3pm
- **Bodmin Library:** 31 May, 9.30am to 12.30pm
- **Online session:** Monday 26 May

Not ready to foster? Help by sharing updates and encouraging others to explore fostering. Call 0300 456 0120 or email info@fosterwithyourlocalcouncil.org.uk to learn more.

Find out more



Cornwall beaches some of the best in the world

Ten beaches across Cornwall have been recognised as some of the best in the world after receiving Blue Flag status.


The coveted Blue Flag is an international award managed by Keep Britain Tidy on behalf of the Foundation for Environmental Education. It's only presented to beaches with environmental education programmes and water that achieves the highest classification, as set by the EU Bathing Water Directive.

A further five beaches in the Duchy have received a Seaside Award, which are presented to the best beaches in England and celebrate the quality and diversity of our coastline.

Cornwall Council commissions the RNLI to provide lifeguard cover on many of Cornwall's beaches. Beachgoers are urged to visit [beaches with RNLI patrols](#) and to follow the [RNLI's beach safety advice](#).

From 15 May, dogs are not allowed on some beaches between 10am and 6pm, see full details of restrictions [on the Council website](#).

Find out more



BUILD A FUTURE IN ONE OF 350+ HEALTHCARE CAREERS


MAKE A DIFFERENCE EVERY DAY

Are you looking for your next step in health or social care?

Whether you're just starting out in the world of work or thinking of a career change, you're invited to an **NHS England South West careers event showcasing over 350 roles in the healthcare sector.**

Join the free virtual event on 21 May from 10am to 2pm to get application tips, chat with career advisors and discover exciting entry-level opportunities.

Register for the NHS careers event



What is the Orange Button scheme and how does it work?

Michelle Hooker
Suicide Prevention Lead
Cornwall Council

The Orange Button scheme is a voluntary scheme.

Throughout Mental Health Week, we've shared videos of Orange Button wearers talking about their training and experiences including this video with Michelle Hooker.

Mental Health Awareness Week


This week is [Mental Health Awareness Week \(12 to 19 May\)](#) and we're calling on **more people in Cornwall to take up the free mental health and suicide prevention training offered by Health Cornwall and become Orange Button wearers.**

Wearing the special badge means you will be easily recognisable to people having suicidal thoughts and can help them get the right support. It shows you know how to listen, aren't afraid to hear the word 'suicide', and will not judge them.

Throughout the week we've shared videos of Orange Button wearers talking about their training and experiences. [Click here to see what they've said about being part of the scheme.](#)

Did you know there's a diverse range of services providing amazing mental health support across Cornwall? From the brilliant Community Gateway and Talking Therapies service through to support from People in Mind and Citizen Checkers, visit [NHS Cornwall and Isles of Scilly's Your mental health page](#) to find out more.

Find out more



Eat Well, Spend Less

Eat Well, Spend Less with Healthy Cornwall's Fajitas recipe

In Healthy Cornwall's latest video, learn how to make tasty Fajitas using everyday spices you likely already have in your store cupboard.

Are you looking for some fresh cooking inspiration? In Healthy Cornwall's latest video, learn how to make tasty Fajitas using everyday spices you likely already have in your store cupboard.

This simple recipe proves you don't need a meal kit – just a few basic ingredients and some spices can turn into a healthy, budget-friendly family meal.

Give it a try



Enjoying a safe farm visit

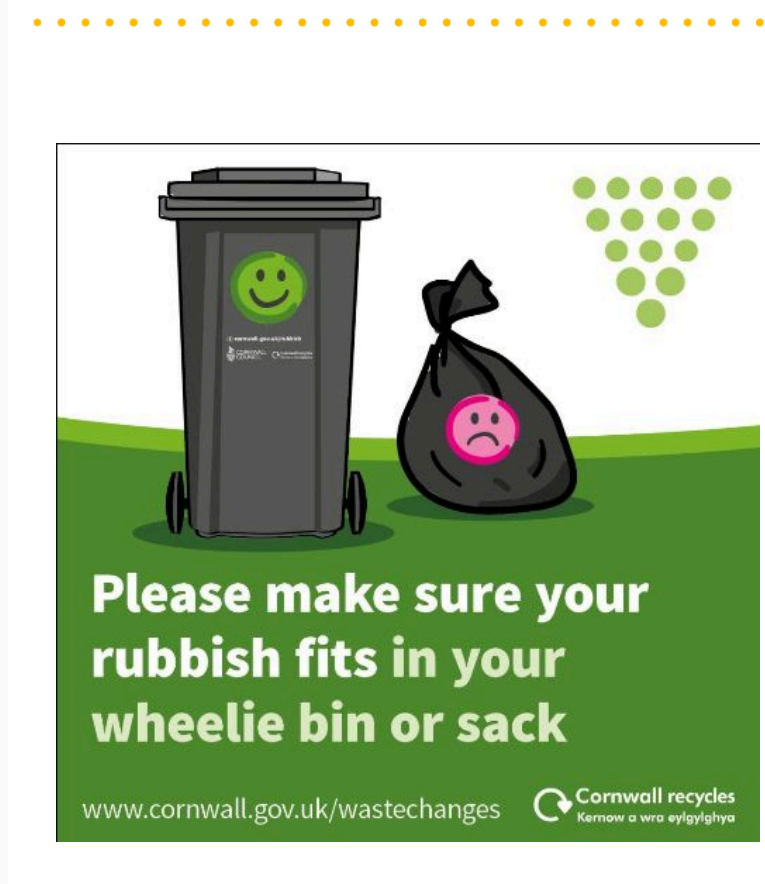
Visiting a farm can be a **delightful and educational experience, especially for children and families. To make sure your trip is both fun and safe, here are some top tips from the UK Health Security Agency (UKHSA).**

Farm animals are adorable but can carry germs that may cause illnesses such as diarrhoea, vomiting, and fever. To protect yourself and your loved ones:

- always wash your hands thoroughly with soap and warm water after touching animals, fences, or any surfaces where animals have been
- remember, hand gels or wipes are not as effective as proper handwashing.
- don't eat and drink while you're around the animals
- save your snacks for the designated picnic areas
- keep an eye on the little ones to ensure they follow these hygiene practices too
- wearing closed-toe shoes is a good idea, and don't forget to clean your footwear and pushchair wheels before heading home


By following these simple steps, you can enjoy a delightful and safe farm visit. Have fun and stay healthy!

Find out more



Please make sure your rubbish fits in your wheelie bin or sack

www.cornwall.gov.uk/wastechange



Handyperson service


Help with household maintenance and repairs in Cornwall for people aged 60 and over or have a disability

Please ensure your rubbish fits in your wheelie bin or protective sack with the lid closed – we won't collect any extra bags or waste left beside or on top. Separate everything you can and recycle your food waste to free up room in your rubbish bin.

For more information [on our website](#).

The Council's Handyperson Service remains in operation to support Cornwall residents aged 60 and over, or those with a disability, with household maintenance and minor repairs.

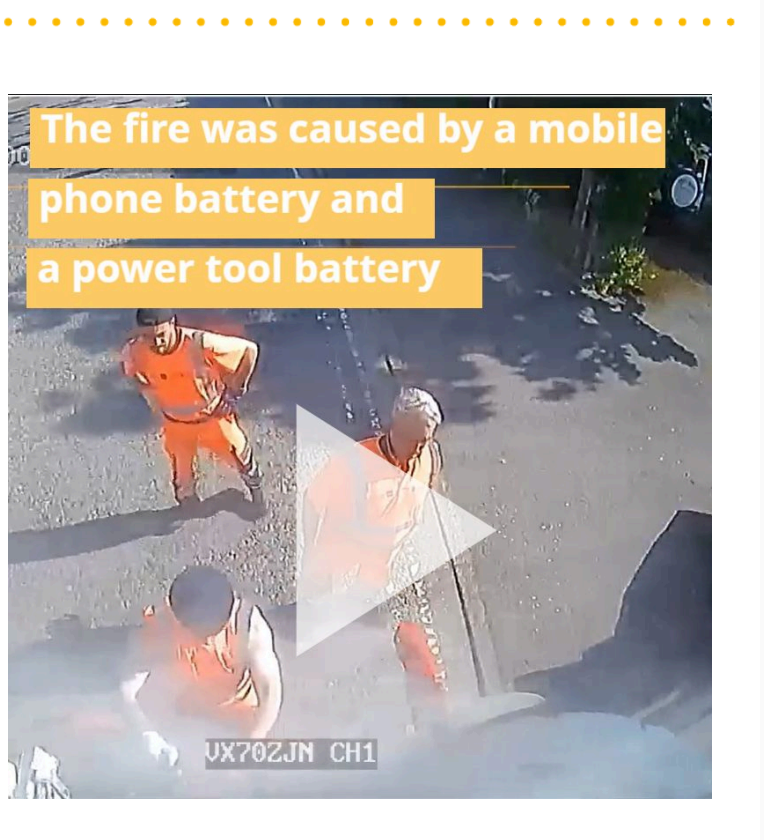
For more information, please [visit our website](#).



Here to help you juggle family life

Working your family, and children are busy – it's important to get things done. Our support can help you manage your time better.

Childcare Choices



The fire was caused by a mobile phone battery and a power tool battery

UK FIRE

From September, working families can apply for 30 hours free childcare from the term after their child turns 9 months until they reach school age - an increase of 15 hours on the current offer.

If you're already receiving your 15 free hours and you still meet the criteria, just reconfirm as usual and your code will work for the 30 hours offer from September.

To apply for the first time or find out more, visit the [Childcare Choices website](#).

This is the moment a fire broke out on a bin lorry in Mabe Burnthouse on Friday.

Thanks to the quick actions of the crew and onboard fire extinguishers, it was stopped before it could spread.

It was caused by mobile phone and power tool batteries that had been thrown in with household rubbish and crushed in the lorry.

Never bin your batteries. Recycle them at your local supermarket or household recycling centre.

News in brief

Calling all artists! We're looking for people who work in the creative industries to deliver a one of our Tehidy Creative Residencies. [Apply for your chance](#) to deliver a unique art project in residence at Tehidy Country Park for three months.


On this week's Empowered Parenting podcast we're exploring the Parents Plus Adolescents Programme – a free parenting course available in Cornwall that supports parents of teens. [Listen here to find out](#) how the sessions can support you.

Smallholders ordered to pay £11,855 in fines and costs and banned from keeping farm animals. A pair of smallholders have been banned from keeping farm animals for five years and ordered to pay a total of **£11,855 in fines and court costs**.


Forward to a friend

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OUR PRIORITIES FOR CORNWALL




A brilliant place to be a child and grow up




A thriving, sustainable Cornwall



Vibrant, safe, supportive communities



An empowering and enterprising Council



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