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CORNWALL COUNCIL
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Stay in Touch
Pesyewgh Kestava

Together for a carbon neutral Cornwall where everyone can start well, live well and age well

Easter bins update

Recycling and rubbish collections will continue as usual over the Easter bank holidays.

Household Waste and Recycling Centres will be open as normal over the bank holiday weekend too. If you're visiting Newquay, Saltash, St Erth, Bude, Launceston, St Austell or Bodmin (Lanivet), remember to book in advance.

And if the Easter bunny pays you a visit, remember to recycle the packaging once you've finished your tasty treats.

Cardboard boxes go in your orange recycling bag. Plastic trays and foil go in your red recycling bag.

Hop to it!

Book your tip slot

Childcare choices - could you get more support?

Juggling family life and childcare can be challenging. That's why childcare support is expanding, to help more parents find the support that fits their family.

If you are a working parent with a child aged between 9 months and 3-years-old, you could now get 15 hours of childcare each week, over 38 weeks a year.

From September 2025, this will increase to 30 hours childcare a week over 38 weeks a year, from the term after your child turns 9 months old.

Don't forget that all parents of 3 and 4-year-olds living in England can already get 15 hours childcare.

You can use your hours alongside other schemes like Tax-Free Childcare or Universal Credit Childcare.

You can mix and match between nurseries, childminders, pre-schools, and playgroups.

Find out more

Cornwall pharmacies open over Easter

If you need a pharmacy over the Easter bank holiday weekend, use the Find a pharmacy search on the NHS website to find your nearest one that's open.

Tip: click the pharmacy name to see holiday opening hours.

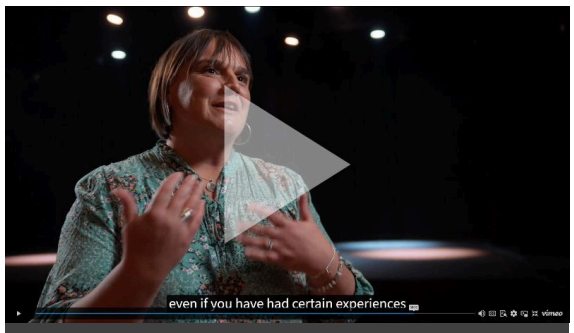
Pharmacists are highly-trained and can help with a wide range of minor ailments.

There are more than 90 pharmacies across Cornwall and the Isles of Scilly, and most now offer the Pharmacy First service which provides advice and treatment for 7 common conditions without the need to see a GP.

If you have run out of repeat medicines for any reason, ask a local pharmacist if they can arrange an emergency supply to tide you over until your GP surgery is open.

The pharmacist will be able to tell you if they can make an emergency supply using this service and explain your other options if they cannot.

Find your nearest open pharmacy



Watch 'Through Their Eyes - a Social Experiment on Children's Rights' made with parents and carers in Cornwall

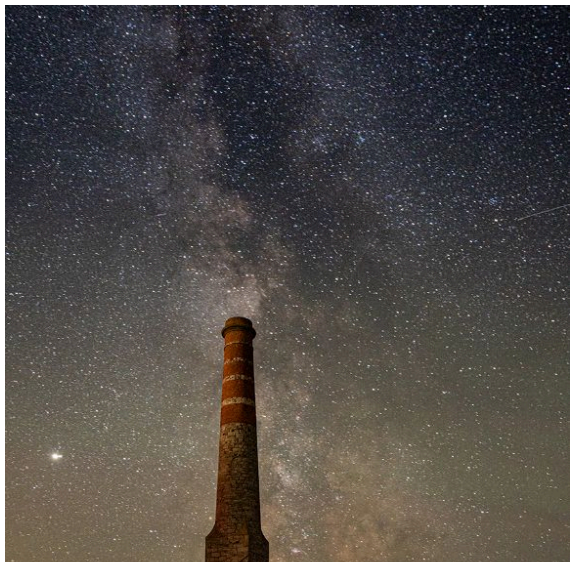
'Social experiment' with Cornwall parents affirms children's rights

A group of Cornish parents and carers have helped to produce a new video filmed in the style of a social experiment that raises awareness of children's rights.

The short film aims to spark conversations between adults and children about rights and responsibilities. All children have rights set out in the United Nations Convention on the Rights of the Child (UNCRC). Find out more on our website.

The film was created by Cornwall Council's Headstart Kernow team, the Children's Rights team and Lightbox Film Company.

Watch the film



Levant Mine by Duncan Scobie

Celebrate Cornwall's stunning night sky with a free guided walk

Celebrate Cornwall's stunning night sky this International Dark Sky Week with a free evening of stargazing hosted by Cornwall National Landscape**.**

Cornwall has a rich history of connection with the night sky.

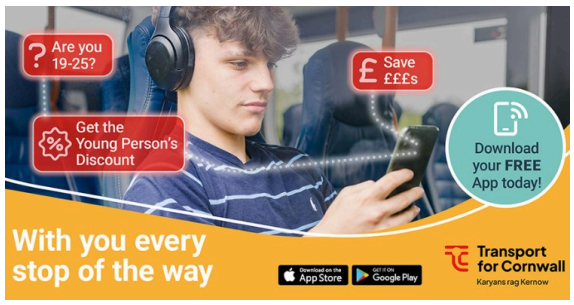
From the ancient astronomical monuments of our Neolithic ancestors to pioneering astronomers like John Couch Adams. Adams was one of 2 people who independently discovered the planet Neptune using mathematical calculations.

Cornwall has 2 International Dark Sky Areas: Bodmin Moor and West Penwith.

CNL's Monumental Improvement team host a free evening stargazing walk on Friday 25 April, exploring the unique archaeology of Bodmin Moor.

The International Dark Sky Landscape team from Caradon Observatory will guide the walk. They'll have some powerful telescopes on hand and plenty of tips for you on how to read the skies.

Book your guided gaze



Young people can bus all week for just £20

Did you know that 19 to 25-year-olds can get unlimited one-day travel on Cornwall's bus network for just £5 - or travel all week for £20?

Young Person's tickets are available on the Transport for Cornwall app, where you can buy your ticket and verify your age all in one place.

Find out more

Free falls prevention classes across Cornwall for over 65s

Are you aged 65 or over and worried about falling? Perhaps you've experienced a fall or feel unsteady on your feet?

iCareiMove is running a new set of **free**, supportive courses to help you improve your strength, balance and confidence. Commissioned by Cornwall Council, these friendly, welcoming sessions are designed for people who:

- Are aged 65 or over
- Have a fear of falling, are at risk of, or have fallen in the past
- Can walk into a venue unaided (walking aids welcome)
- Are living with stable health conditions

Courses run for a 25-week period, starting the week of 12 May in the following locations:

- Launceston Football Club: Thursdays, 1.45pm to 2.45pm
- Newquay Wax Gym: Fridays, 1.30pm to 2.30pm
- Falmouth Pendennis Community Centre: Thursdays, 11.30am to 12.30pm
- Penzance Leisure Centre: Fridays, 11.45am to 12.45pm

These classes are proven to help reduce the risk of falling and support safer, more active ageing.To find out more or refer someone you know, please email iCareiMove with a contact number at info@icareimove.com or us on call **0800 0541 118.**

Find out more

Are you a volunteer?

Join us for Healthy Cornwall's Health and Wellbeing Training Day on Monday, 12 May at Penventon Park Hotel, Redruth.

This free event includes interactive workshops to help you support people in your volunteering role and make a positive impact in your community.

Expect engaging sessions, valuable insights, practical tools, networking opportunities, and expert advice from Healthy Cornwall.

Workshops include:

- Making Every Contact Count (MECC) Lite
- How to Stop Smoking Very Brief Advice (VBA)
- Children and Young People Physical Literacy
- First Aid Awareness
- Introduction to Safeguarding
- Mental health awareness in adults
- Menopause and mental health
- And many more

Don't miss out on this chance to invest in yourself and your organisation. Register now to secure your spot and be part of a community dedicated to health and wellbeing.

Sign up now

Men aged 65 invited for potentially life-saving scan

If you're a man about to turn 65, keep an eye out for your invite from the NHS to a free ultrasound screening for abdominal aortic aneurysm (AAA).

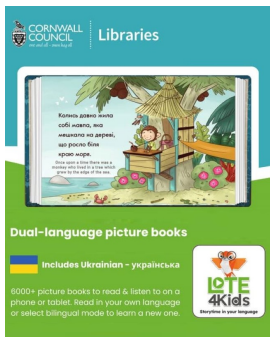
This quick, painless test detects any abnormal swelling in the aorta - the main artery carrying blood from the heart to the abdomen - which can rupture causing severe internal bleeding.

Men who smoke, have high blood pressure, or a family history of AAA are at higher risk.

Your invite might not come straight after your 65th birthday, but when it does arrive, remember to put it in your diary.

And if you've missed your screening appointment, are unsure whether you have had screening, or have any questions, please call Cornwall's AAA screening service on 01752 764859. The team there will be happy to help.

Find out more



Did you know you can enjoy more than 6,000 picture books on your phone or tablet – anytime, anywhere with Cornwall Libraries and LOTE4Kids.

LOTE4Kids is an online collection of digital children's books in over 70 languages. It allows children access to picture books that they can enjoy in LOTE - languages other than English.

Read in your own language or switch to bilingual mode to explore and learn one of 70+ available languages.

Get started on the LOTE4Kids page on our website.

Please tell us if you see someone damaging land by camping where they shouldn't.

You can report it on our website. If the camping is on a protected site like a Site of Special Scientific Interest (SSSI) or a National Nature Reserve, you can also call Natural England on 0300 060 3900.

Not sure if the site is protected? Check the Government's Multi-Agency Geographic Information for the Countryside map.

Find more on reporting environmental offences on our Let's Talk Cornwall website.

If you've put your food waste, rubbish or recycling out by 7am on your collection day and it hasn't been picked up by the end of the day, please report it online.

You can report a missed collection to us on our website.

If you need to check your collection day, put your postcode into the My Area page of our website. It will tell you which day is recycling and food waste and which day is rubbish and food waste.

Or you can check the waste collection calendar posted to you.

Our Trading Standards team has received more reports of roofers charging large sums for unnecessary work.

If you're hiring tradespeople:

- Never hire cold-callers - reputable traders don't knock on doors
- Be cautious of leaflets - check the business is legitimate
- Get at least 2 quotes before agreeing to work
- Use the Buy With Confidence scheme
- Don't rush - unless it's an emergency, you have 14 days to change your mind by law

News in brief

Planning to vote in person in the Cornwall Council and town and parish council elections on 1 May? You'll need to take photo ID with you to the polling station. If you don't have eligible ID, **apply online now for a Voter Authority Certificate** before the deadline of 23 April.

The Cornwall and Isles of Scilly Nature Recovery Strategy is now live! **Find out more about our plan** to restore, protect and enhance nature and wildlife across our region.

Forward to a friend

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OUR PRIORITIES FOR CORNWALL

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