

Amber wind warning for Cornwall this weekend

An amber weather warning has been issued for Cornwall this weekend with potentially damaging winds expected during Storm Darragh.

The warning is for tomorrow (Saturday 7 December) from 1am to 9pm.

- Flying debris likely that could cause injuries or danger to life
- Probably some damage to buildings like tiles blown off roofs
- Longer journey times and cancellations likely, as road, rail, air and ferry services may be affected
- Some roads and bridges likely to close, with falling trees a potential danger
- Power cuts likely with potential to affect other services, such as mobile phone coverage
- Injuries and danger to life is likely from large waves and beach material being thrown onto coastal roads, sea fronts and properties

Please keep up to date with weather forecasts as the situation could change.

As we're expecting gale force winds do not go out unless you really have to, and if you are driving, make sure you drive to the conditions, and not to the speed limit. Plan your route, listen out for travel updates and make sure you have essentials with you in the car - warm clothing, food, drink, blanket, torch etc.

If you spot a safety issue on the highway, please report it to our 24 hour service on **0300 1234 222** and give details of the issue and the location.

Find out more

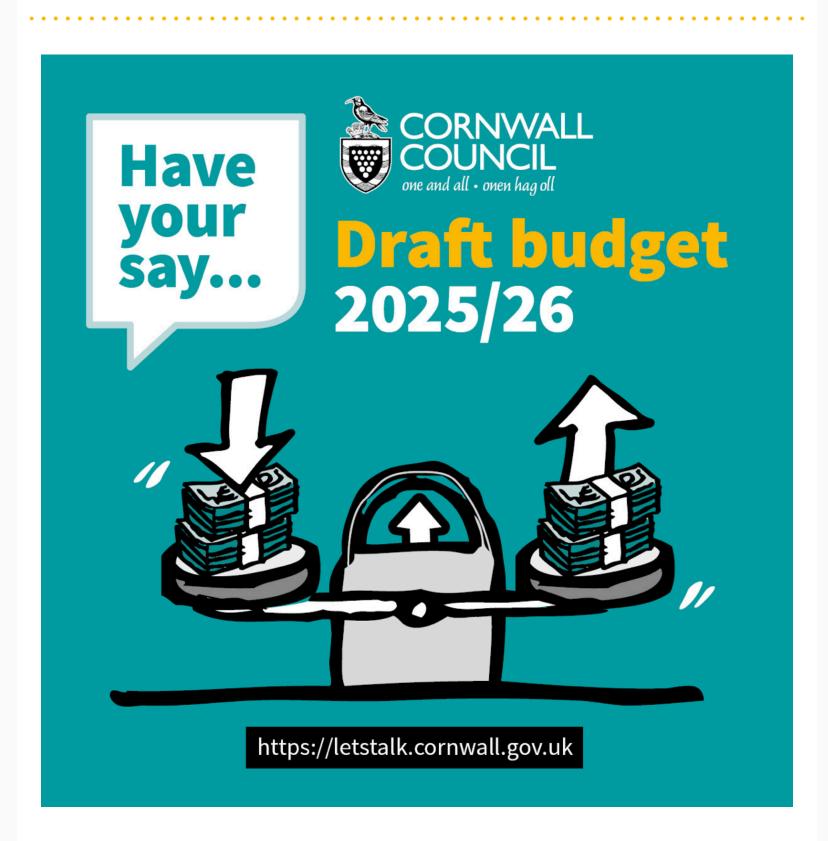


Book your tip slot for Bude, Launceston, Bodmin and St Austell

We're bringing in a booking system at 4 more of Cornwall's Household Waste and Recycling Centres to reduce waiting times and improve road safety.

Following its success at Newquay, Saltash and St Erth household recycling centres, the <u>booking system trial</u> is being extended to the recycling centres in Bude, Launceston, St Austell and Bodmin (Lanivet).

Find out more



Tell us what you think of the Cornwall 2025/26 draft budget

There's still time for you to have your say on our draft budget proposals for 2025-2026.

The plans seek to address the challenging financial climate while protecting vital public services in Cornwall.





Free mouth cancer screening

Next week Smile Together hosts FREE and potentially life-saving mouth cancer screening sessions for the public.

This non-invasive screening focuses on the soft tissues of the head and mouth and takes less than 2 minutes.

If a referral is needed, it will be made on the spot. Participants will also receive an oral cancer leaflet and can view an informational display board.

The drop-in sessions are on Monday 9 December and Friday 13 December from 10am to 2pm and 2.30pm to 4pm at Smile Together, Infirmary Hill, Truro, TR1 2JA.

Find Smile Together in Truro



Free falls prevention course with iCareiMove

If you, or someone you care about, are worried about falling then there's a free falls prevention programme that can help.

iCareiMove's Move More Falls Prevention Programme is designed to help people aged 65 and older in Cornwall and the Isles of Scilly cut their risk of falls, stay active, and improve their confidence.

In Cornwall, more than 2,600 older people were admitted to hospital because of a fall from 2020 to 2021.

Hip fractures nationwide lead to 1.8 million hospital bed days and cost more than £1.1 billion each year, and about 30% of us who are aged 65 or older experience at least one fall each year

The Move More programme empowers older people to stay mobile, independent and connected within their communities.

To enrol or for more details email info@icareimove.com or call 0800 054 1118.





Join our Facebook live Q&A session next week to find out more about ambitious new plans to restore nature across Cornwall.

We're holding the Facebook Live event on Monday (9 December) from 6pm to 7pm.

If you have a question for our panel, please leave it in the comments, or ask during the event.

Find more information and the link to join the Q&A on our website.



If you've been thinking about fostering, why not drop into Truro Library on Wednesday 11 December for a chat with one of our experienced foster carers?

They're holding an informal drop-in information session from 10.30am to 12.30pm to give people a 'nopressure' chance to ask questions .

Find more details on our website, call 0300 456 0120 or text FOSTER to 82228 for more .

Your next step could change a child's life.



There's still time to apply to become an on-call firefighter at one of one of Cornwall Fire & Rescue Service's 26 stations across the Duchy.

The service will be taking applications until Tuesday (10 December), so if you think you might be able to help serve and protect your community, <u>apply today</u>.

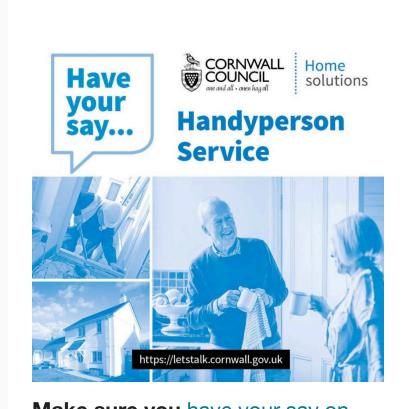


Helping us all stay as well as we can this winter is the aim of a new campaign from community health and wellbeing partners, Cornwall Council Public Health and NHS Cornwall & the Isles of Scilly.

For advice on boosting your immunity, keeping warm, prioritising your mental health, eating well, staying active and looking out for vulnerable family, friends and neighbours visit the NHS Cornwall & Isles of Scilly website or follow the Facebook page for weekly stay well this winter tips.

On-call firefighters come from all walks of life including homemakers, shopkeepers, builders, farmers, office workers and directors of companies, as well as people who are not in work. When the call comes, they drop everything and are trained to deal with emergencies like rescues, floods, crashes and chemical spills.

And pick up the <u>Winter Wellbeing</u> <u>guide</u>, produced by Inclusion Cornwall for the Winter Wellbeing Partnership and funded by Cornwall Council Public Health.



Make sure you have your say on the proposed closure of Cornwall's handy person service.

Demand for the small repairs and adaptions service for disabled and older people has been increasing, and the costs.

We're looking for more efficient ways to provide the service to balance Cornwall's budget for the coming year.



If you're navigating the challenges of parenting, you can <u>find friendly</u> <u>support at Cornwall's Family Hubs</u>.

These are warm and inviting spaces where parents and caregivers can share stories, get advice and meet other families.

From expecting a newborn, to nurturing toddlers, to helping teens through adolescence, you'll find services and support you give your child the best <u>Start for Life</u>.

News in brief

Cornwall Council would love to hear your feedback on a few things. Please head over to our Let's Talk Cornwall website and take our survey about customer service, how you can contact us, accessibility, our culture and values, and how we use technology with our customers

The slip roads at Chiverton Cross are closed for works from 8pm to 6am on weeknights until 20 December. Closures begin at 10pm on Wednesdays for late night Christmas shopping. Through-traffic on the dual carriageway won't be affected.

A conference on suicide prevention in Cornwall has been hailed a success by the organisations that attended. Around 150 people came together as part of the ongoing mission to reduce the number of suicides in our communities to zero.





OUR PRIORITIES FOR CORNWALL



