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# Stay in Touch

Together for a carbon neutral Cornwall where everyone can start well, live well and age well



## 2024 Adoption Information Events **adopt** south west

### Learn more about adoption

Thinking about adopting? Book a place at one of Adopt South West's online events to find out more.

Adopt South West aims to find safe, secure, permanent homes for children who are unable to live with their birth families. These information events are a great way to find out more about adoption.

All of Adopt South West's information events are held online, so you get to join from the comfort of your own home! You can talk to adoption social workers and families who've adopted, watch a presentation, find out more about the application process, and get your questions answered.

[Find out more](#)



## South East Cornwall Start recycling your food waste now

www.cornwall.gov.uk/wastechanges

Cornwall recycles Kernow a wra eynlaghtha

### South East Cornwall can begin recycling food waste

If you're in Liskeard, Polruan, Polperro, Looe, Torpoint, Saltash, Callington, Pensilva and their surrounding areas, you can now use your new food waste caddies.

In preparation for your first food waste collection next week, pop a caddy liner into your silver kitchen caddy and start using it to collect tea bags, eggshells, veg peelings, and more. You can empty it into your green outdoor caddy as often as you want.

If you're still not sure when your new collection day will be, see [www.cornwall.gov.uk/myarea](http://www.cornwall.gov.uk/myarea) where you can also check whether your first collection will be recycling and food waste or rubbish and food waste.

Look out for tips on using your new food waste caddies at [www.cornwall.gov.uk/wastechanges](http://www.cornwall.gov.uk/wastechanges)

We'll collect your food waste weekly and turn it into farm fertiliser and clean energy to power communities.

[Check your area](#)



## Apply for a postal vote for the PCC elections

Cornwall goes to the polls on 2 May to vote for the next Devon and Cornwall Police and Crime Commissioner.

This is the first time you'll need to show voter ID to cast your ballot in person. If you can't vote in person, or don't have valid voter ID, you can still make your voice heard by applying for a postal vote. It's easy and fast to register to vote online. It only takes five minutes and then you can request a postal vote application. You have until 17 April to apply for a postal vote.

Remember...the deadline to register to vote is midnight on 16 April.

[Register to vote](#)



## Childcare support is expanding

Even more working parents can get help to pay for their childcare.

Is your child a 2-year-old and you earn less than £100k per year? If so, you might be eligible to access 15 hours childcare support for your little one.

And if your child will be between 9-23 months in September, you could also be eligible for 15 hours free too.

Visit the Childcare Choices website to find out more about expansion of hours and sign up for updates.

[Find out more](#)



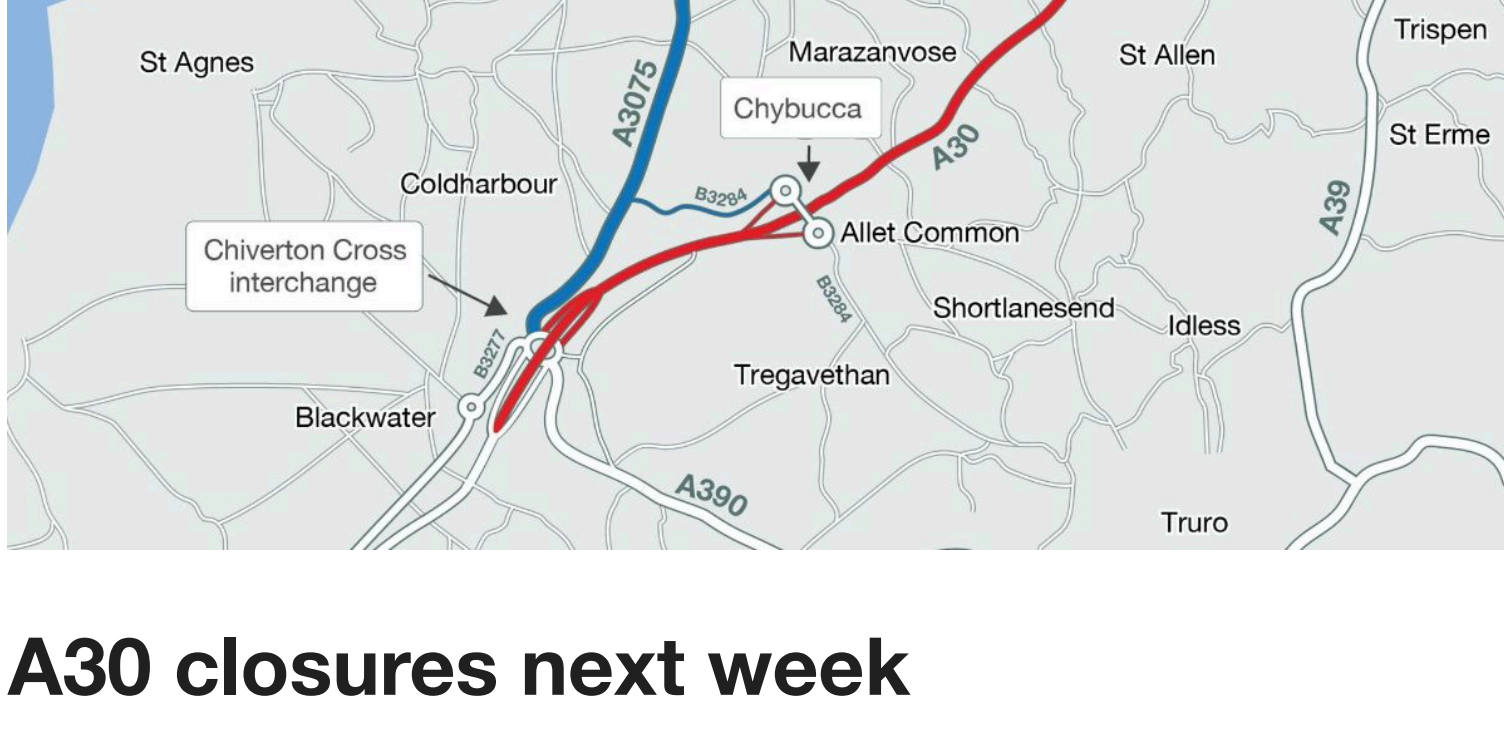
## Sign up for kid's activity clubs

Do you have a child in primary school that wants to try something new and get more active?

Healthy Cornwall has partnered up with Active Cornwall and DT Coaching to deliver FREE after school activity clubs for children. The Time2Move activity clubs are all about encouraging primary school aged children to be more active and include a range of fun, different and exciting activities every week during term time. Activities include archery, kin ball, NERF battles, laser tag, ultimate frisbee, multi-sports and much more!

Available for children aged 4-11 in various towns throughout Cornwall. Sign up now and join the fun! Booking is essential.

[Sign up now](#)



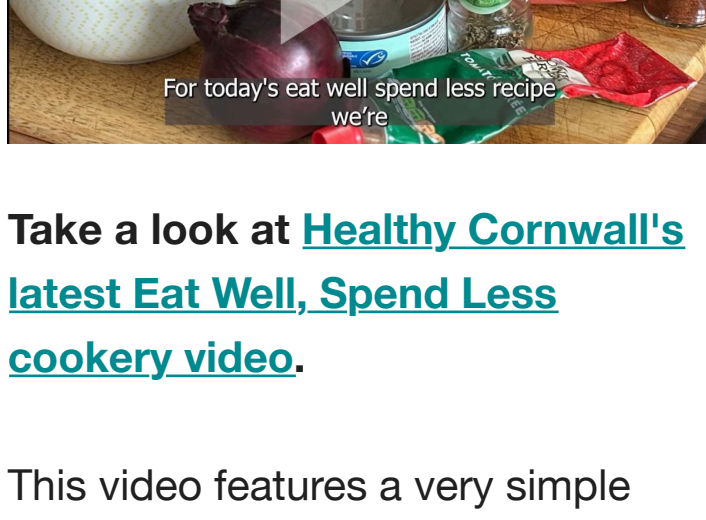
## A30 closures next week

There will be overnight and weekend closures of the A30 Chiverton to Carland Cross next week.

The overnight closures of the A30 between Boxheater and Chiverton will be from Monday 8 April to Thursday 11 April, from 8pm to 6am each night.

There will then be a weekend closure of the A30 between Boxheater and Chiverton from Friday 12 April at 8pm until Monday 15 April at 6am. Traffic for all closures (including HGVs and high sided vehicles) will be diverted via the B3285 and A3075.

[Find out more](#)



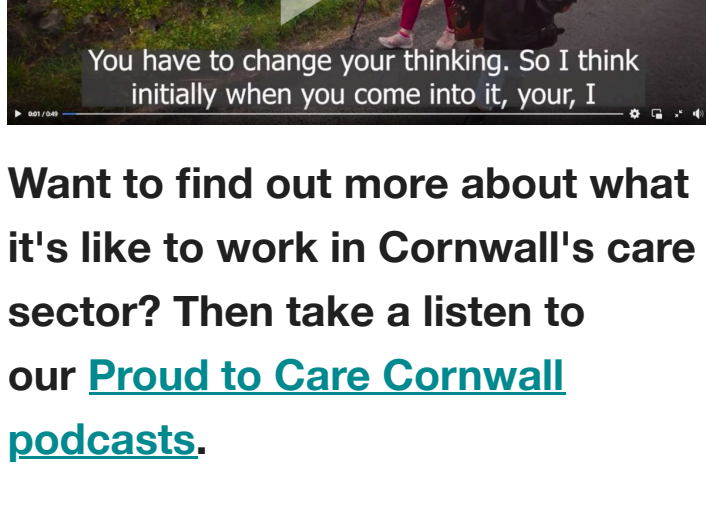
### Take a look at [Healthy Cornwall's latest Eat Well, Spend Less cookery video](#).

This video features a very simple tuna pasta dish, using store cupboard basics. It's a good one to batch cook and freeze for a no fuss lunch. Just defrost and microwave. It includes lots of veg and protein and it doesn't break the bank.



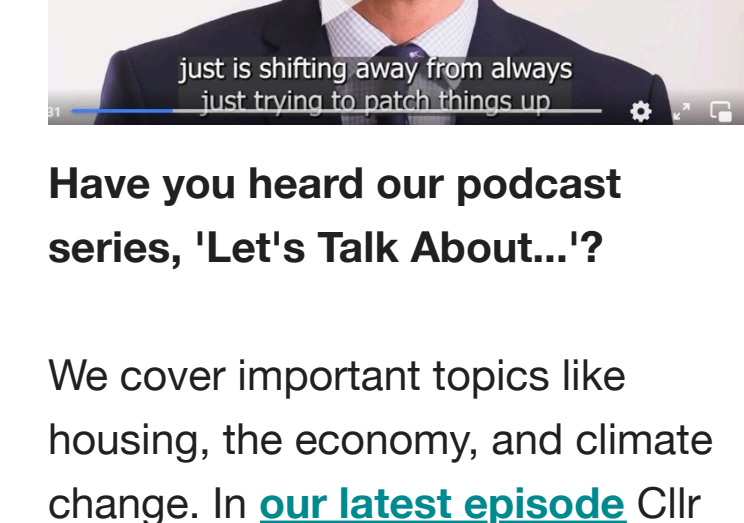
### We asked you to submit Cornwall's gritters and had an amazing response of 2,266 entries!

After careful consideration, we've whittled them down to 50, and now it's your chance to pick the top 25. [Cast your vote for your favourites before your closes closes](#) Thursday 11 April.



### Want to find out more about what it's like to work in Cornwall's care sector? Then take a listen to our [Proud to Care Cornwall podcasts](#).

Whether sharing laughs or offering assistance with daily activities, you'll find support and training to boost your confidence in making a positive impact on someone's life



### Have you heard our podcast series, "Let's Talk About..."?

We cover important topics like housing, the economy, and climate change. In our [latest episode](#) Cllr Andy Virr, cabinet member for adult social care and health, discusses adult social care, support to make healthy lifestyle changes, mental health support and sexual health.

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### OUR PRIORITIES FOR CORNWALL



A brilliant place to be a child and grow up | A thriving, sustainable Cornwall | Vibrant, safe, supportive communities | An empowering and enterprising Council

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