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Stay in Touch

Together for a carbon neutral Cornwall where everyone can start well, live well and age well



A brilliant place for children

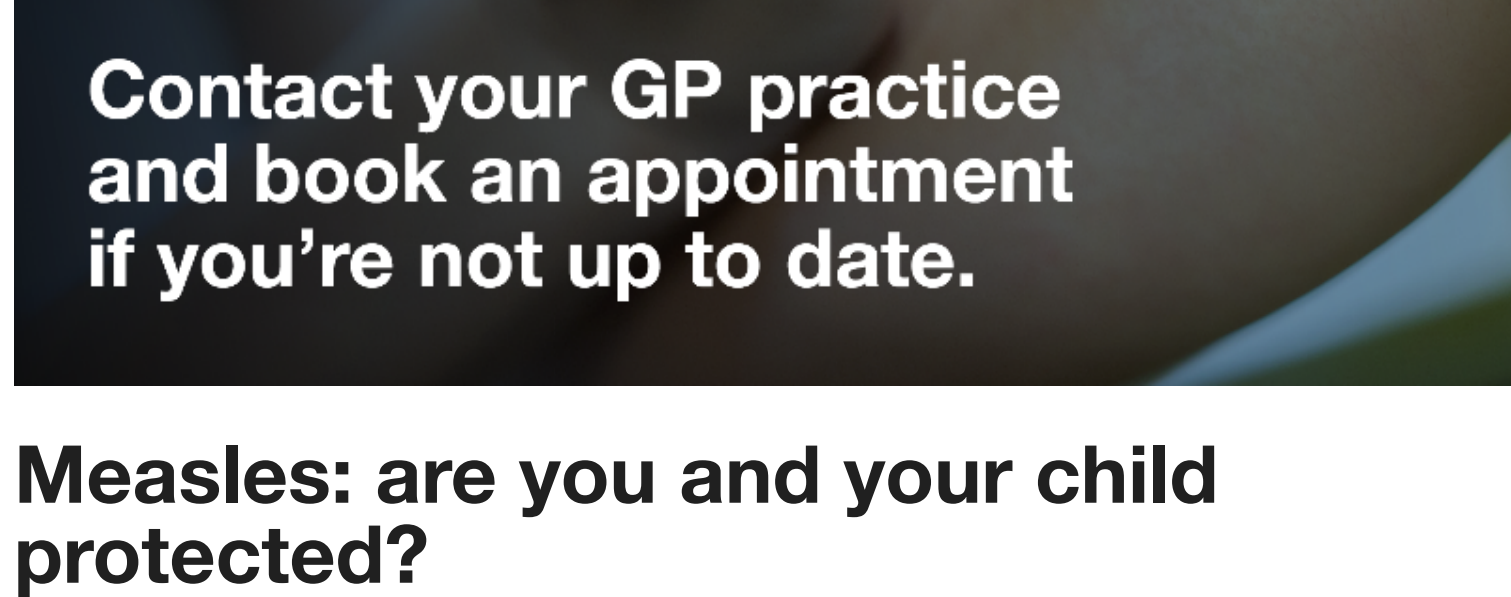
Pupils from 9 primary schools helped launch a new wellbeing journal at the Hall for Cornwall in Truro this week.

Called **My Brilliant Place to be ME!** the journal has been created for the young people of Cornwall. It's all about helping them learn to look after their wellbeing and feel good!

Headstart Kernow have created the journal with help from primary school children across our communities and it contains a range of activities and information that young people can work through at their own pace, at school, at home or on the move. The launch coincided with this week's **Children's Mental Health Week**.

The journal is free and available to everyone online. Printed copies will also be available to local children through schools.

[Find out more](#)



Measles: are you and your child protected?

Measles cases are on the rise nationally and while there are no confirmed cases here in Cornwall currently the UK Health Security Agency is urging parents to check they and their children have had two doses of the free MMR vaccine.

It's important for parents to take up the offer of MMR vaccination for their children when offered at 1 year of age and as a pre-school booster at 3 years, 4 months of age. If children and young adults have missed these vaccinations in the past, it's important to take up the vaccine now from GPs, particularly in light of the recent cases nationally.

Check your child's Red Book to see if they've received MMR vaccinations as scheduled or check with your GP surgery if you're unsure. If you have measles symptoms please stay at home and get advice from your GP or NHS 111 before visiting a healthcare setting.

Measles symptoms to be aware of include:

- high fever
- sore, red, watery eyes
- coughing
- aching and feeling generally unwell
- a blotchy red brown rash, which usually appears after the initial symptoms.

[Find out more](#)



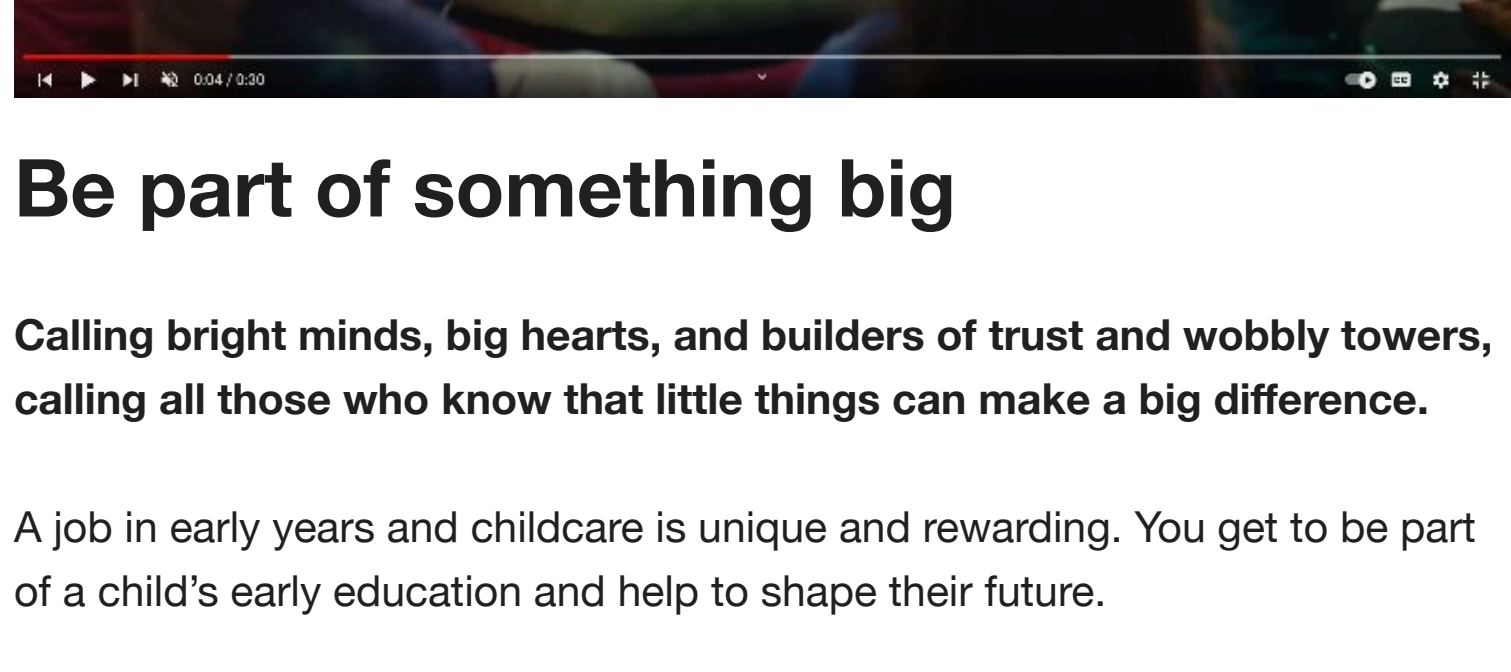
Devolution deal brings £500,000 boost to Cornish language and culture

Cornish language and culture projects have been given a £500,000 funding boost as part of the **Devolution Deal** for Cornwall.

The government investment will increase Cornish language work in schools, the screen industry and the community giving additional income to Cornish community groups and suppliers.

Funding will be used to support the 40 primary schools across Cornwall who are already using Cornish language as part of the **GoCornish** project.

[Find out more](#)



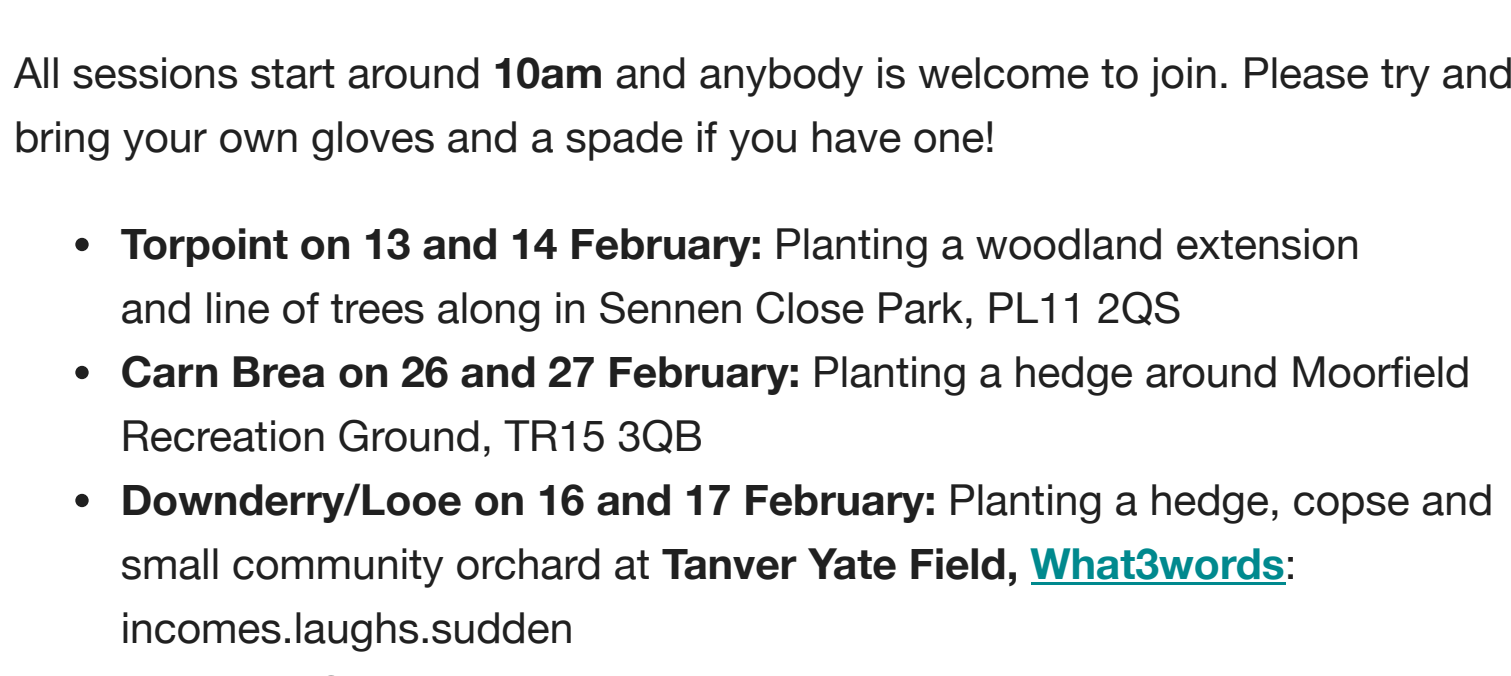
Be part of something big

Calling bright minds, big hearts, and builders of trust and wobbly towers, calling all those who know that little things can make a big difference.

A job in early years and childcare is unique and rewarding. You get to be part of a child's early education and help to shape their future.

No matter what the day brings, you'll feel joy in seeing children grow, learn and flourish. And there are lots of different types of roles.

[Do something big](#)



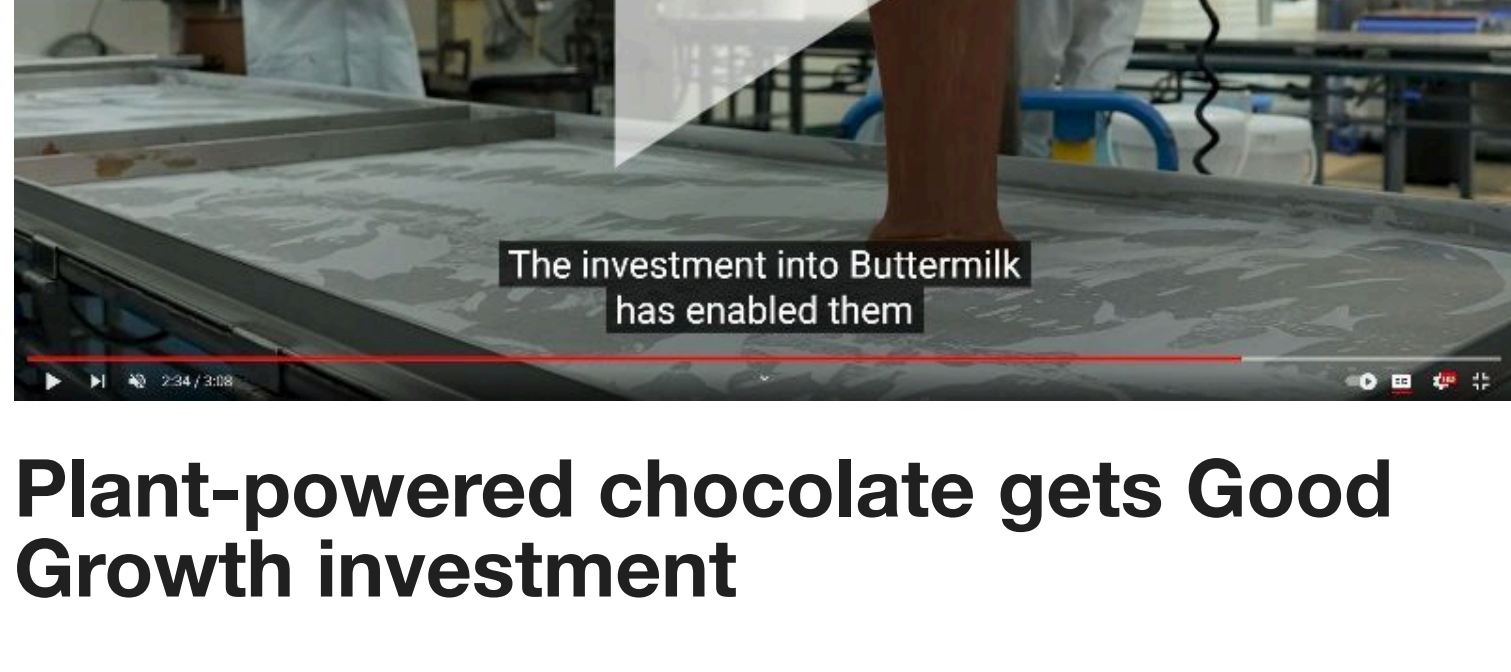
Plant a tree with us

Come plant a tree at one of **The Forest for Cornwall's** spring planting days, grow the health and wellbeing of your local area, create some shade and shelter to help nature thrive and tackle climate change.

All sessions start around **10am** and anybody is welcome to join. Please try and bring your own gloves and a spade if you have one!

- **Torpoint on 13 and 14 February:** Planting a woodland extension and line of trees along in Sennen Close Park, PL11 2QS
- **Carn Brea on 26 and 27 February:** Planting a hedge around Moorfield Recreation Ground, TR15 3QB
- **Downderry/Looe on 16 and 17 February:** Planting a hedge, copse and small community orchard at **Tanver Yate Field**, [What3Words](#): incomes.laugh.sudden
- **Kesoberi Community Farm, Mousehole, on 12 and 24 February and 3 March:** Planting hundreds of sapling in new community woodland, TR19 6US
- **London Apprentice on 17 and 18 February:** Planting new woodland copse with Pentewan Parish Council, PL26 7AS
- **Camborne Park on 22 February, Troon Recreation Ground on 28 February, Pengon Park on 29 February and Beacon Recreation Ground on 1 March:** All new standard trees to be planted in Camborne's parks.
- **Seaton/Looe on 12 and 13 March:** Replanting hedges along car park, PL11 3JD

[Find out more](#)



Plant-powered chocolate gets Good Growth investment

An award-winning Cornish confectioner is planning a major expansion after securing an investment of £852,573 from the Cornwall and Isles of Scilly Good Growth programme.

Buttermilk, based in Bodmin, started life as a traditional fudge shop in the heart of Padstow in 1964. Now, 60 years later, the business has pioneered a range of award-winning dairy-free chocolate bars that are stocked by major retailers and wholesalers across the UK and sold online.

The £930,000 project will see Buttermilk consolidate and expand two production units on to one site at its Bodmin base, seeking to create 14 quality jobs and doubling production capacity.

[Find out more](#)



Warm Home Discount scheme 2023/24 closes at the end of February

The Warm Home Discount Scheme, which gives eligible low-income households a £150 rebate on electricity bills, closes on 29 February.

The helpline will remain open for calls until 31 March 2024 (0800 030 9322) but all claims must be made to the helpline before this date.

[Find out more](#)



As local authorities across the country face financial pressure, Cornwall's Cabinet has approved a balanced 2023/25 budget and vowed to focus on delivering financially sustainable services.

The budget will mean a council tax increase of 4.99% for residents, which includes a 2% levy to fund adult social care, bringing the bill for a Band D property to £1,892.75. It also confirms plans to bring in a 100% Council Tax premium on second homes from April 2025. Find out more.

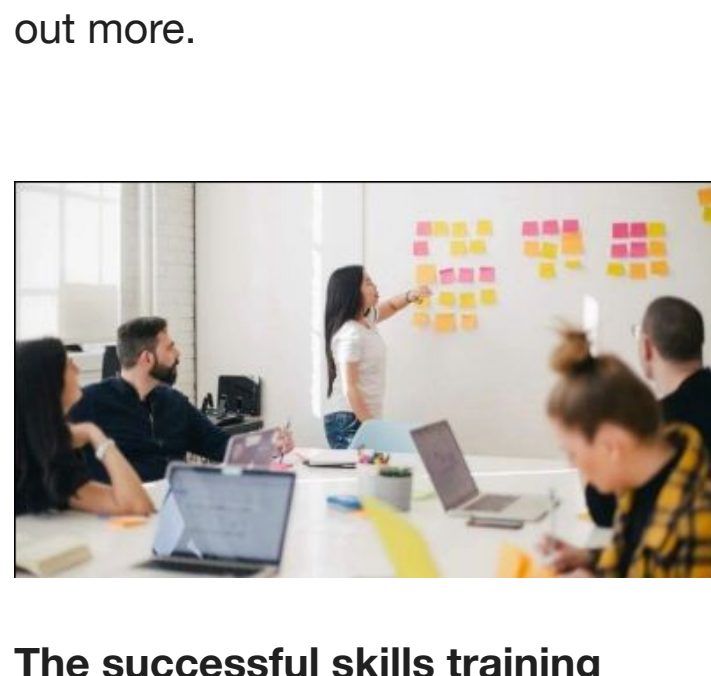


Did you know that millions of people in the UK are using the NHS App to manage their health the easy way?

From viewing their health records and test results to ordering prescriptions, the NHS App makes managing your health easier.

[Find out how you can order repeat prescriptions using the NHS App.](#)

[Find out how you can securely view your health records in the NHS App](#)

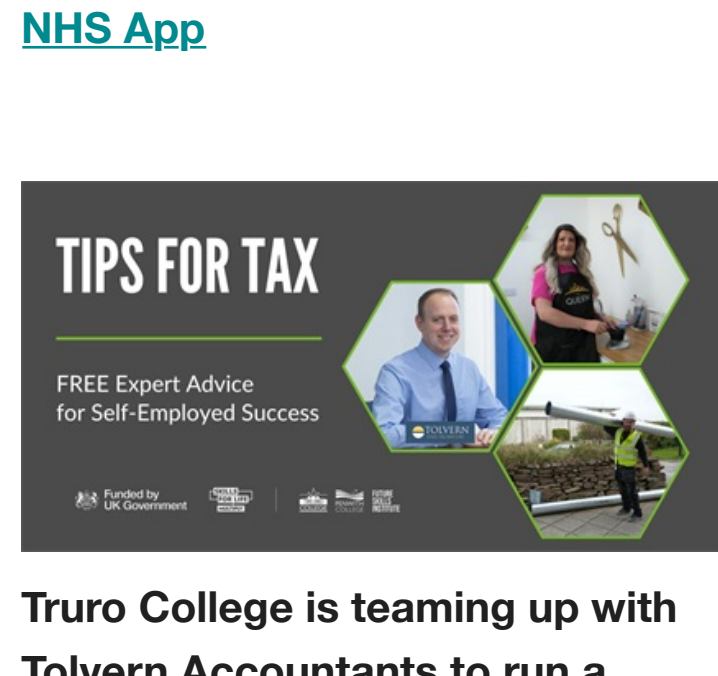


The successful skills training programme Train4Tomorrow has won funding from the Department for Education to boost employment opportunities across Cornwall and Devon.

The programme, led by Devon County Council and delivered in partnership with Cornwall Council, will get £6.4million in 2024/2025 to enable more than 2,000 adults to access Skills Bootcamps in a variety of dynamic sectors.

Skills Bootcamps are available in a range of sectors. New for this year will be Skills Bootcamps in childcare, heavy goods vehicle driving, and creative sectors such as film production, photography, and media.

[Find out more about Train4Tomorrow.](#)



Truro College is teaming up with Tolvern Accountants to run a FREE workshop in March to support Cornwall's self-employed community with their tax affairs.

The workshop, on Tuesday 12 March at Redruth Rugby Club from 5pm to 7pm, offers tax tips, advice and calculations to make responsibilities as a self-employed individual easier, whether they are currently self-employed or planning on becoming self-employed in the near future. The aim is to help Cornwall's self-employed community revamp their tax habits, gain a better understanding of their business's finances, increase their tax understanding and confidence, and pick up some useful tax tips to get ahead for the 23/24 financial year.

[Book your place here.](#)

News in brief

If you live in the Newquay area, remember to [head along to the Mid Cornwall Metro consultation event Saturday 10 February](#), at the Hotel Victoria between 10-4pm.

Cornwall Council is one of 13 authorities chosen to deliver a new pilot scheme aimed at encouraging adults to choose 'active travel'. [Read the full story here.](#)

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OUR PRIORITIES FOR CORNWALL



A brilliant place to be a child and grow up | A thriving, sustainable Cornwall | Vibrant, safe, supportive communities | An empowering and enterprising Council



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