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Together for a carbon neutral Cornwall where everyone can start well, live well and age well



Considering a career change? Look no further!

Proud to Care Cornwall have a series of hiring events where you can find out more about the careers available - and could even get a conditional job offer on the day!

Come along to the next [Proud to Care hiring event](#) at Hotel Victoria, Newquay on Tuesday 10 October from 10am to 4pm.

[Find out more](#)



Have your say on our draft budget plans for 2024-25

Every year, Cornwall Council spends over a billion pounds providing public services that you, your family and friends use every day.

We are also at the forefront of investing in the future of Cornwall: growing our economy and creating homes and jobs for local people, protecting and enhancing our environment, supporting the transition to a carbon neutral Cornwall, and strengthening our communities, our heritage and culture.

Our Business Plan is based on a clear mission: Cornwall Council working with communities for a carbon neutral Cornwall where everyone can start well, live well and age well. Our priorities, shaped by our residents and young people, are to make Cornwall:

- A brilliant place to be a child and grow up,
- In a thriving, sustainable Cornwall that offers a secure home, a decent income and a great environment for all,
- With vibrant, safe, supportive communities where people help each other live well,
- All supported by an empowering and enterprising Council that secures great value for money and provides a consistently excellent customer experience.

Our budget proposals reflect these priorities and build on the actions we have already taken to reduce the size of our organisation, tackle the housing crisis, turbo-charge our economy, and make Cornwall the first place in the UK to be net carbon neutral.

We are now seeking views on our plans to deliver these priorities within the budget available to us.

[Have your say on the draft Budget](#)



Conference aims to end domestic abuse and violence

People across Cornwall and Isles of Scilly are invited to attend a conference promoting healthy relationships across all age groups, with the aim of helping professionals end abuse and violence against women and girls.

The conference is being delivered in partnership with Safer Cornwall and the Cornwall and the Isles of Scilly Safeguarding Adults and Children's Boards. It will take place online and in-person on Wednesday 11 October 2023.

Join us for a day of inspirational presentations and learn how we are working together to end domestic abuse and sexual violence in Cornwall and the Isles of Scilly.

Find out more about:

- How we are preventing harm and tackling the root causes of unhealthy relationships
- Challenging social norms and engendering culture change to end violence against women and girls (VAWG)
- Working together to improve outcomes for everyone in Cornwall and the Isles of Scilly.

[Book your place now](#)



Text SMOKEFREE to 82228 for help to quit smoking

Have you heard about Healthy Cornwall's stop smoking text message service?

Smokers looking to quit this Stoptober can sign up to received regular support before, during and after their quit attempt. All they need to do is text SMOKEFREE to 82228 and Healthy Cornwall will do the rest.

Evidence shows that if someone can quit for 28 days, they're five times more likely to quit for good, so as well as helping smokers prepare for their quit attempt, the text message service keeps in regular contact over a four-week period, signposting participants to a range of useful tips and tools.

And research suggests you're three times more likely to succeed with the right support. So to get started, simply text SMOKEFREE to 82228. There's also loads of advice available:

- On the [Healthy Cornwall Smokefree](#) web page
- By joining our [Stop Smoking Support group on Facebook](#)
- By downloading the free [NHS Smokefree app](#)

[Find out more](#)



Emergency hormonal contraception now free to all

Emergency hormonal contraception (EHC) – often referred to as the 'morning after pill' – is now free to all from pharmacies across Cornwall and the Isles of Scilly.

Previously it was only free of charge for those aged 25 and under, but Cornwall Council's public health team has now ensured it is accessible to all from 1 October. Regardless of age, women and those described as female at birth need only visit their local pharmacy to access EHC.

It comes amid warnings from health professionals about a decrease in people using condoms and other forms of contraception. Whilst EHC should never be someone's first line of contraception, it does play a vital role in reducing unintended pregnancy when other types of contraception fail.

EHC is also available free of charge to women of any age at clinics run by council partner Brook, a sexual health charity, or via their website.

[Find out more](#)

Have your say on the way health and care services are planned and delivered.

We're working with voluntary and community services, the NHS and the Council of the Isles of Scilly as part of an Integrated Care System.

You can help us to shape a 10 Year Integrated Care Strategy by completing [our survey](#) which runs until Saturday 30 September.

Where and how can I access the right care? What's the best way to avoid winter bugs, coughs and colds? Is Covid-19 still a problem and is getting vaccinated still necessary?

These are just some of the questions our health experts will be able to answer at a special 'Staying safe and well this winter' [Facebook Live event at 2pm on Wednesday 4 October](#).

News in brief

Businesses looking to commercially exploit new ideas and technology can now gain support with the launch of a new project to accelerate innovation and economic growth. [Find out more.](#)

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