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Stay in Touch

Together for a carbon neutral Cornwall where everyone can start well, live well and age well



Have your say on the draft budget for Cornwall

Cornwall Council's Cabinet committee has approved a balanced draft budget plan for 2024/25 with the Council's four key priorities at heart. A consultation on the draft budget is now underway until 12 November.

To help fund services, the draft budget proposes a rise in Council Tax of 4.99% including a 2% Adult Social Care precept for 2024/25. This means an increase of £1.73 per week on a Band D property.

[Have your say](#)



Reduce the risk of spreading COVID, coughs, colds and flu

As we head into autumn, there are steps we can all take to help reduce the risk of catching and spreading respiratory infections, such as COVID and flu.

- **Get vaccinated** - the best protection from flu and COVID-19 is to get vaccinated if you're eligible. Vaccines provide protection against hospitalisation and death as well as reducing the risk of long-term symptoms.
- **Let fresh air in if meeting others indoors** - bringing fresh air into a room by opening a door or a window, even for a few minutes at a time, helps remove older stale air that could contain virus particles and reduces the chance of spreading infections.
- **Remember the basics of good hygiene** - cover your nose and mouth with a tissue or the crook of your elbow when you cough and sneeze, wash your hands properly and regularly, and clean your surroundings frequently, particularly areas touched at lot such as handles.
- **Wear a face covering** - this can reduce the number of particles that are released from the mouth and nose of someone who is infected with a respiratory virus and also protect the person wearing the face covering from becoming infected by some viruses.
- **Try to stay home and avoid other people when unwell** - if you have respiratory infection symptoms and a high temperature, or you don't feel well enough to go to work or carry out normal activities, try to stay at home until your temperature is gone and you feel better.

[Find out more](#)



www.cornwall.gov.uk/breastfeedingwelcome

Breastfeeding Welcome...here, there and everywhere!

It's National Breastfeeding Week from 18 to 24 September, and businesses across Cornwall are being encouraged to show their support for breastfeeding mums as part of our new Breastfeeding Welcome scheme.

Funded through the Government's Start for Life programme, the scheme gives cafes, pubs, restaurants and other venues the chance to show that they welcome and support new mums who want to breastfeed.

Businesses and organisations can show their support by displaying a special sticker in their windows. This aims to help mums feel more comfortable feeding their baby when they're out and about.

As well as encouraging businesses to help out, we're also supporting breastfeeding mums in other ways including extending peer support groups into the school holidays and recruiting a new team of Infant Feeding Support Workers in the community.

[Find out more](#)

CORNWALL & ISLES OF SCILLY LOCAL AREA ENERGY PLAN

Join our events and have your say

FACEBOOK LIVE
Online
18 September, 6pm - 7pm

<https://letstalk.cornwall.gov.uk/laep>

Join an online Q&A on the Local Area Energy Plan

We're hosting the online event to answer questions about the Local Area Energy Plan (LAEP) being launched together with the Council of the Isles of Scilly.

Residents, businesses and community groups can learn more about plans to make the region's energy more secure and sustainable, as well as boosting the green economy at a live question and answer session next week. Everyone is invited to join the [Local Area Energy Plan: LIVE Q&A session on Facebook](#) on 18 September, at 6pm.

On the panel at the Facebook Live event will be Cornwall Council's cabinet member for environment and cabinet change Councillor Martyn Alvey, head of environmental partnerships and climate change Mark Holmes and LAEP delivery partner City Science's CEO Laurence Oakes-Ash.

Participants can follow the discussion on Facebook, X or YouTube.

[Find out more](#)

Report sightings of Asian hornets

Smaller than the native European Hornet

Dark brown or black velvety body

Yellow tipped legs

Report sightings of this species
- with iPhone and Android recording app: Asian Hornet Watch
- online at www.invasivepeciesinfo.org/alerts/AsianHornet
- by email: alertnonnative@ceh.ac.uk

Have you spotted any Asian hornets?

The Asian hornet is a highly aggressive predator of native insects and poses a significant threat to honey bees and other pollinators.

Please report any Asian sightings with a photo via the Asian Hornet Watch app for [iPhone](#) or [Android](#) or online at via the [GB Non-native Species Secretariat \(NNS\)](#) website.

Proud to Care

Come to the **Proud to Care hiring event**

19 September 2023 • 10am - 4pm
Truro Library

Job interviews available on the day with local employers

www.proudtocarecornwall.org.uk/events

Considering a career change? Look no further!

Proud to Care Cornwall have a series of hiring events where you can find out more about the careers available - and could even get a conditional job offer on the day!

Come along to the next [Proud to Care hiring event](#) at Truro Library on Tuesday 19 September from 10am to 4pm.

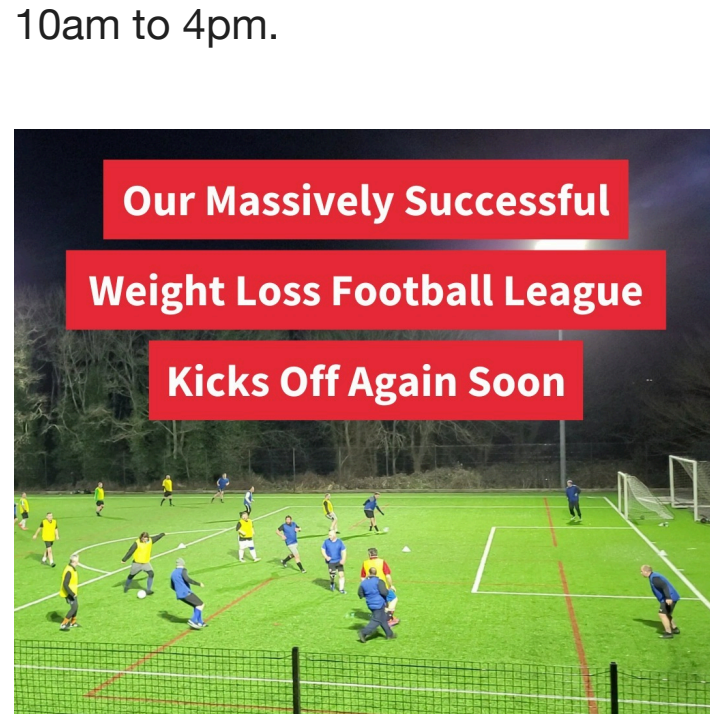


A30 weekend closure

The A30 will be closed between Scorrier and Boxheater from 8pm on Friday, September 15, until 6am on Monday, September 18.

A diversion route will be in place. Please plan ahead and allow extra time for your journey.

Find out more on the [National Highways website](#).



Argyle FIT is back next week!

KICK-start your weight loss journey and join your local [Argyle FIT Weight Loss Football League](#).

A fun, light-hearted league where both winning games and losing table. Weigh in and get your team ready to climb the table.

Lose weight, get fitter, make some new friends and feel good.

News in brief

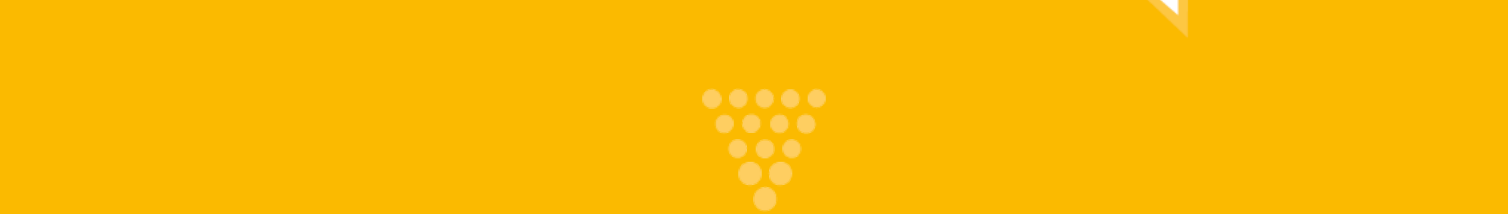
Our work on boosting nature recovery through our planning policies has been recognised in a national report by UK100. [Find out more.](#)

Applications for school places are now open for children starting junior school in September 2024. [Visit our website](#) to apply for a place.

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OUR PRIORITIES FOR CORNWALL



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