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Stay in Touch

Together for a carbon neutral Cornwall where everyone can start well, live well and age well



Support for exam stress

GCSE and A-level results are just around the corner, which can be a stressful time for young people and their families - but there's no need for teens to worry alone.

Cornwall Council and Cornwall's NHS offer a range of support including a new service called Togetherall.

It's a free, safe and secure online community where anyone 16+ can access a range of courses and resources, chat anonymously and share concerns with others in a similar position.

[Get free online support 24/7](#)



Order your repeat prescriptions before the bank holiday

Be prepared this bank holiday – don't forget to order your repeat prescriptions well in advance.

Allow time to collect them too. And if you're going away, remember to take your medicines with you.

[Order your prescription now](#)



#BeAirAware and have your say on Cornwall's air quality

As part of our #BeAirAware campaign, we need your help to shape how we communicate about Cornwall's air quality, to improve knowledge and awareness and keep Cornwall's air clean.

Our [Clean Air For Cornwall Strategy](#) also aims to raise awareness about the causes of air quality problems in Cornwall and what communities and individuals can do to reduce their impact on air quality and improve their own health.

We will also be using the survey findings to shape an updated air quality strategy for Cornwall that has refreshed air quality priorities, objectives and success measures.

[Take our quick Clean Air survey](#)



Your feedback can help improve Cornwall's health and care services

We need your experiences, feedback and ideas to help improve local health and care services across Cornwall.

Please complete our [online survey](#) to give your views before 30 September. We'll use your feedback to shape the next version of our [Integrated Care Strategy](#).

This is a 10 year plan that will set out how local organisations will work together to plan, deliver and improve local health and care services.

[Have your say](#)

Be Alert

Always keep an eye on your children around dogs.

Never leave them alone together.

Are you dog safe? Find out at cfs.org.uk/dog-safety

Spend time safely with dogs this #summer.

Close supervision of children and dogs is key.

The Child Accident Prevention Trust has practical tips to ensure children and dogs can live safely together.

#DogSafety @CAPTcharity

[Get dog safety tips on the CAPT website.](#)

We need Social Workers in Cornwall.

Make a life-changing decision

www.worklifecornwall.co.uk

Looking for a new challenge?

We're looking for qualified social workers to join our children's services team in Cornwall and help us ensure a better future for children and families.

Find out more about current opportunities on our [Work in Adults and Children Social Care web page](#).

CORNWALL & ISLES OF SCILLY

<https://letstalk.cornwall.gov.uk/leap>

Join our events and have your say

We need your views to shape our Local Area Energy Plan to decarbonise energy systems in Cornwall and the Isles of Scilly.

[Take our online survey](#) or come to a roadshow:

- Falmouth Town Council, The Old Post Office:** 5 September, 4-7pm
- The Parkhouse Centre, Bude:** 8 September, 4-7pm
- The Core, Saltash:** 12 September, 4-7pm
- St John's Hall, Penzance:** 20 September, 4-7pm
- Chy Trevail, Bodmin:** 25 September, 4-7pm

Have your say on nature

Take our survey letstalk.cornwall.gov.uk/nature-recovery

We'd like to understand what you think should be our priorities when it comes to nature recovery, and how you think it should take place across Cornwall and the Isles of Scilly.

Your views will feed into the Local Nature Recovery Strategy that we're developing for the region in partnership with the Local Nature Partnership and the Council of the Isles of Scilly.

The strategy is a blueprint that identifies how we can protect, enhance, create and restore nature here in Cornwall and the Isles of Scilly.

[Take part in our survey](#) on our Let's Talk Cornwall website.

The survey runs until 22 October.

News in brief

Getting to THAT stage of the summer holidays where you're running out of things to do? [Check out our listings page for fun activities near you](#) - all FREE or under £5.

Cornwall Council is seeking the views of parents and carers about possible changes to 16 Council-funded travel-to-education routes. [More information is available on our website.](#)

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