

[View this email in your browser](#)



# Stay in Touch

Together for a carbon neutral Cornwall where everyone can start well, live well and age well



## Devon & Cornwall Railcard is now available online

Exciting news for Devon and Cornwall residents! The Devon and Cornwall Railcard has gone digital and is now available to buy and use on your phone.

For £12 a year, the Devon and Cornwall Railcard is exclusively available to residents of Devon and Cornwall aged 16 or over and unlocks great savings on train travel within the two counties, including:

- 1/3 off for you
- 1/3 off for a friend
- Up to four children for £1 each

See [DCRailcard.com](http://DCRailcard.com) for more information.

Buying your railcard is quick and easy. Visit [DCRailcard.com](http://DCRailcard.com) to buy online. (You can also buy a traditional physical railcard at your nearest train station ticket office.)

Some exclusions apply, check the full terms and conditions [here](#)

This is an initiative by the Devon and Cornwall Rail Partnership and Great Western Railway.

[Find out more](#)



## Have your say on future health and wellbeing programmes for families

Healthy Cornwall have partnered with Gro Health to develop a new FREE healthy lifestyle programme to support children and families throughout Cornwall. The programme will support the whole family with making small, achievable changes to improve long-term health.

Your feedback is vital to help us better understand what you want and need from this programme, and we'd be very grateful if you could take 2 minutes to share your opinions with us.

[Have your say](#)



make sure that you wash your hands regularly with warm water and soap.

Dr Rachael Hornigold  
Consultant in health protection | UK Health Security Agency

## Stay safe when visiting local farms

[Visiting a farm](#) is an enjoyable and educational experience for many people, especially children and families. However, visiting a farm carries a small risk of catching infection. Farm animals can be the source of several bugs that can be passed from animals to humans and cause illness. Some can be particularly serious for children or pregnant

Dr Rachael Hornigold, Consultant in Health Protection at the UKHSA, shows how to prevent any infections when you meet some farmyard friends this summer.

[Find out more](#)



## Planning your next career move? Learn what opportunities are available in Cornwall

Whether you're looking for a career in IT, construction or health and social care. Labour Market Information (LMI) is key to understanding the types of role available locally and the key skills employers are looking for.

The Cornwall and Isles of Scilly Local Enterprise Partnership (LEP) has commissioned the development of ten LMI Sector Guides drawing together data for Cornwall's biggest job sectors.

This information can help young people make decisions about their future in Cornwall, help businesses to understand the future of their sector and help individuals learn which skills and qualifications will be most important for their future and developing careers.

[View the LMI Sector Guides here](#)

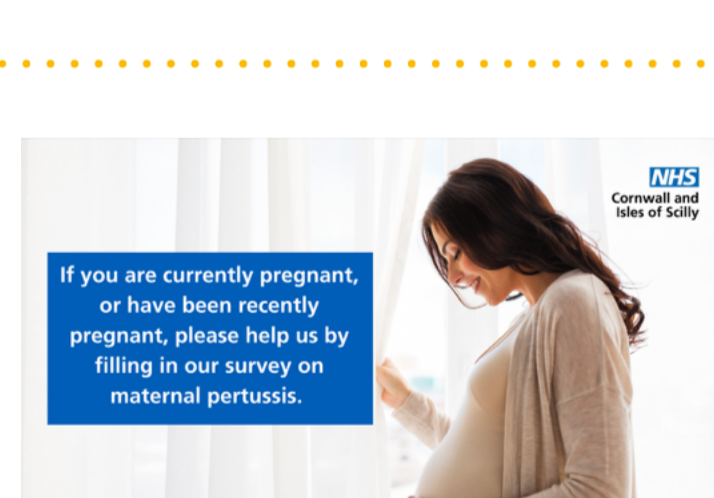


## Do you run a support group or local event?

We're looking for groups or events to attend and speak to local people about how we can improve health and care services in the future. It's part of our community conversation running over the summer.

[Get in touch with the team if we can come to your group or event.](#)

[Email find out more](#)



If you are currently pregnant, or have recently been pregnant, please help us by filling in this survey on maternal pertussis.

The survey is completely anonymous and it should take approximately 5 minutes to complete.



Have Your Say on crime, anti-social behaviour and other issues that affect community safety in your local area.

Take part in our survey - it's completely anonymous and only takes a few minutes.

### News in brief

Measles cases are rising. You can still ask your GP practice for the MMR if your child has missed either of these two doses. For more information visit the [NHS website](#).

Applications are still open for the [Workplace Travel Grant](#). Businesses and schools can apply for the grant, which will match fund sustainable transport support solutions up to 75%, this includes e-bikes (up to £1000). Applications close on the 31 July.

[Forward to a friend](#)

[Subscribe to the newsletter](#)

### OUR PRIORITIES FOR CORNWALL

